

# SOCCER RULES

## History:

According to Sam Foulds, soccer historian, soccer was first played 4000 years ago in China. Others believe Mexico is the birthplace of soccer. Soccer was added to the Olympics in 1904.

## General Soccer Rules:

- In a normal soccer game there are 11 players. One of those players is a goalie.
- Games are comprised of two 45-minute halves.
- Playing field is approximately 100 to 120 yards long and 55 to 75 yards wide.

## PE Soccer Rules:

- No slide tackling.
- The goalie is the only one allowed in the coned area around the goal.
- The only person allowed to use their hands is the goalie
- There is no out of bounds on the sideline. If the ball goes 2 fields over then you need to pick it up and carry it back to your field.
- The ball will ALWAYS be a goal kick if it goes behind the goal.
- A girl must touch the ball before a goal can be scored.
- Goals:
  - Girls: 2 points
  - Boys: 1 point

