

## SPEEDMINTON RULES

### SERVE

- INSIDE THE SQUARE YOU MUST SERVE UNDERHAND AND BELOW THE WAIST
- YOU CAN SERVE ANYWHERE INSIDE THE BOX THAT YOU WANT
- THE SERVE MUST GO UP AT LEAST HEAD HEIGHT AND CAN'T BE A STRAIGHT SHOT
- YOU CAN SERVE OVERHAND BEHIND THE ENDLINE OF YOUR BOX
- SAME PERSON SERVES 3 TIMES IN A ROW
- ONE PERSON FROM YOUR TEAM SERVES AND THEN THE OTHER TEAM SERVES. IT THEN COMES BACK TO YOUR TEAM AND KEEPS ROTATING BACK AND FORTH.

### SCORING

- YOU CAN SCORE ON ANYONES SERVE
- RALLY SCORING

### DURING PLAY

- YOU WILL PLAY A 5 MINUTE GAME (A REAL GAME IS PLAYED TO 16 POINTS, WIN BY 2)
- ONLY ONE HIT ALLOWED PER SIDE TO GET THE BIRDIE BACK TO THE OTHER TEAM
- THE OBJECT OF THE GAME IS TO GET THE OTHER TEAM TO HIT THE BIRDIE OUT OF BOUNDS OR TO LAND IT IN THE OTHER TEAMS SQUARE.
- FLIP FLOP SIDES AFTER ONE PERSON FROM EACH TEAM SERVES. THE SCORE SHOULD ADD UP TO 6.